

**MINUTES OF ANNUAL GENERAL MEETING 2009**  
**OF THE ASSOCIATION OF SYSTEMATIC KINESIOLOGY IN IRELAND**



**Date:** Saturday 18 April 2009 at 2pm  
**Location:** Hilton Hotel, Malahide Road, Dublin 17

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**Attendees:** Eileen Mollahan, Lauren MacLennan, Jill Heatley, Brenda Darcy, Caroline Ward, Des Richmond, Kate Boyle, Jennifer Dunne, Emma Hanlon, Heike Kemmerer, Aisling Catargiu, Gabriel Donohoe, Barbara McCracken, Joanne Mulcahy, Jean Kavanagh, Michelle O'Neill, Lena Axelsson, Caroline McGrath, Ross Fleming, Brid Meenan.  
**Exec Council:** Deirdre Lucas, Siobhan Guthrie, Bridget Mannion, Kieran Haughey  
**Apologies:** Clive Lucas (FICTA rep), Sharon Byrne (Membership), Elma Murphy, Anita Halley, Joanne Cranley, Annika Nye, Niamh Ashmore (Officer), Aoife Callan, Kamilla Reid

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**1. Chairman's Address**

Deirdre Lucas opened the meeting and thanked everyone for attending this years ASK Members Day. It was great to see so many at the meeting. Deirdre gave an overview of the Council's activities since 2008 AGM, and the current important issue of working on the Code of Ethics and Practice.

**2. Minutes of 2008 AGM and matters arising**

The Minutes of the AGM of 19 April 2008 were read out. Proposed by Siobhan Guthrie Seconded by Deirdre Lucas as a true and accurate record of the minutes. **Agreed**

**3. Treasurer's Report 2008**

Kieran Haughey reported on the finances of the Association for 2008. The accounts have been balanced and are a reflection of the financial activities of ASK Ireland from January to December 2007. Please note an adjustment of two cents on the opening balance of 2007, due to an error in last years closing balance. The correct closing balance should have read €7905.85. The closing balance of the saving account should have read €315.02 and not €315.00 as shown.

**4. Secretary's Report 2008**

Siobhan Guthrie presented the Secretary's Report for 2008/09. The ASK Executive Council has met 7 times since the last AGM in April 08. These meetings took place on 27 June 08, 13 September, 28 November, 24 January, 20 February, 16 March, and most recently on 4 April 09. Siobhan also thanked her fellow council members for their behind the scenes contributions – in terms of time, brain power, unending support, help and encouragement this past year.

**MEMBER BENEFITS**

**New CPD Scheme**

To ensure ASK members keep up to date, a new CPD scheme was commenced in 2008. The Executive Council finalised the new CPD Scheme to ensure that ASK members meet standards. The scheme was officially launched at the 2008 Members Day. So far this year, most members have been able to reach the recommended minimum cpd points and most have far exceeded the minimum level. It is a very flexible scheme with over 15 ways in which to earn points.

**Members Manual**

Also in 2008, ASK launched the **Members Manual**. A manual in which to keep certificates, news updates and CPD records in.

**Balens**

The block scheme insurance renewal took place in June 2008 and we'd been able to negotiate a reduction in the premium to €140. The June 2009 renewal is not far off, and Balens have been contacted to see if a further reduction is possible, bearing in mind recent currently fluctuations.

**PuLSE and ASK News**

3 issues of PuLSE were issued since launch, and these were sent out to members, and were also available online. Members were kept in touch with happenings via the ASK e-News sent via email.

**Graduation**

19 students completed the TASK Diploma in December 2008, and became full Registered Practitioners.



**PROMOTION**

The main public activity by the Association was via the National Mind Body Spirit festivals and local shows around the country. These two events (March and October) had been very busy and enjoyable event. We covered costs and had over 400 entries into the Free Draw which have been circulated to local members.

The Association’s main advertising budget is for an advert in each of the Golden Pages and Yellow Pages directories throughout the island of Ireland. It continues to be good exposure for the Association. As this is becoming less so, we’ve reduced next year’s spend.

The Association placed an advert in the “Mail on Sunday” in September 08 to promote practitioners. The Mail on Sunday was chosen to gauge response in a national paper. Initial response was good, with people either signing up on the website, to receive a discount on treatments, or rang the Association and were sent information.

The report was presented to the AGM as an overview of the activities of the Association.

**5. Membership Secretary’s Report**

In Sharon’s absence, Siobhan Guthrie read the Membership Report.

In February 2009, 73 Registered Professional and 3 Certified members were invited to renew their membership. In March 12 student members were invited to renew, giving a total renewal of 88 members.

To date 73 members have completed their renewal. Of the remainder, 2 Registered Professionals and 1 Certified Member have elected not to renew their membership as they no longer practice or intend to practise Kinesiology, leaving 12 people who have not renewed – 11 Registered Professionals and 1 Student. A final reminder will be issued to these remaining 12 requesting that renewal fees be forwarded, or to advise the Association of their position, by 30<sup>th</sup> April 2009.

The receipt of fees has been sporadic again this year, though with a greater percentage having renewed on time (34% this year as opposed to 12% last year). Again it has required reminder letters and emails.

The breakdown of fees received by date is:

By 1<sup>st</sup> March (renewal date)      34% had renewed  
 By 15<sup>th</sup> March                              58% had renewed  
 By 31<sup>st</sup> March                              76% had renewed  
 And to date                                  86% have renewed  
 Leaving 14% still outstanding.

*As to date, the current total membership stands at 73 plus the above 12 renewals still outstanding. The breakdown is as follows:*

Category	Invited to renew	Renewed	Not renewing	Outstanding
Reg Professionals	73	60	-2	11
Certified Professionals	3	2	-1	
Students	12	11		1
<b>Totals</b>	<b>88</b>	<b>73</b>	<b>3</b>	<b>12</b>
		86%		14%

At the 2008 AGM the total membership stood at 86. This year, assuming the 12 remaining members do renew, the membership stands at 85 representing a net loss of 1.

**Insurance**

Sharon also reminded members that it is imperative that all members have current and up to date insurance – even if only working on friends and family.



## **6. FICTA Report**

by Liz Svensson, the ASK representative to the Federation of Irish Complementary Therapy Associations. Liz gave an overview of what's been happening this past year.

## **7. Election of Officers**

All officers must resign at each AGM and therefore all officers resigned. All current officers, apart from Sharon Byrne were available for re-election, and had been nominated by the membership. There being a maximum of 6 officer positions to the Executive Council, the following Member-Officers were duly elected to the positions as follows:

Siobhan Guthrie	Trustee - Secretary	<b>Agreed</b>
Bridget Mannion	Trustee - Officer	<b>Agreed</b>
Kieran Haughey	Trustee - Treasurer	<b>Agreed</b>
Deirdre Lucas	Chairperson	<b>Agreed</b>
Niamh Ashmore	Membership Secretary	<b>Agreed</b>

As Sharon Byrne had resigned one officer position was still available. Caroline McGrath had receive 10 nominations, and was duly elected to Officer position. **Agreed**

The Executive Council was duly elected by the membership. Other officer positions were elected as follows

Clive Lucas	FICTA Rep	<b>Agreed</b>
Elizabeth Svensson	FICTA Rep	<b>Agreed</b>

## **8. AOB**

Proposal: That ASK Ireland undertake the Breast Pain Mastalgia Research Study. **Agreed**

There being no other business, members were thanked for their contribution to the meeting, and the 2009 Annual General Meeting part of Members Day closed at 3.00pm.