



News Update

for Members of the Association of Systematic Kinesiology in Ireland

Dear ASK Member.



We're delighted to send you this newsletter as part of your membership of ASK Ireland.

IMPORTANT DEVELOPMENT

The first ASK Ireland Research Study (for Breast Pain/Mastalgia) is in it's final stages of preparation. One of the stumbling blocks has been sourcing suitable candidates for the study. What ASK would like to establish is whether we may be able to find enough clients through our own network of practitioners.

Therefore, for the month of October we would be grateful if you could ask every female client specifically about whether they suffer (needlessly) from any sort of breast pain - regardless of the reason for their visit. Remember, most people think it's normal to experience breast pain.

As this Breast Cancer Awareness Month this ties in really nicely with the question.

Note, we are not seeking these clients at this time to take part in the study, just to establish a one month "sample" of how many people might have this problem.

Find out their Age

Type of Pain: Cyclical, non-cyclical

How Long / Duration/ Frequency L/R Breast or both

Does it change in intensity

Ever sought help for this pain before?

Please report your findings to:

Bridget Mannion and Liz Svensson by emailing them at :

research@kinesiology.ie (if you send it to this address, both will receive the email).

ASSOCIATION NEWS

Executive Council

The Council meets on a regular basis. If you have any suggestions or ideas you would like the Council members to consider, discuss, please email Deirdre, ASK Secretary here: deirdre@lucas2.eu

Practitioner Listing

This is just a regular reminder to check online your contact details for accuracy. Updates can usually happen within 24 hours, more often in less time. If you have your own website, let us know, and we can put a link to it beside your name. More and more of you are getting traffic to your websites through this listing.

www.Kinesiology.ie/practitioners

ASK Website

A special request – if you have a clinic website, please can you add a link to www.kinesiology.ie and pay it a visit whenever possible.

Link and visits will continue to improve the general page ranking of the ASK website and help more people find Systematic Kinesiologists.

ACADEMY NEWS

FOUNDATION COURSES

The next Dublin foundation course is starting in Walmer on 9-10 October (this course is full, so the next one will be starting in February 11). If you know of anyone interested in training, please direct them to the website for more information please. Any help in promoting the TASK courses is much appreciated.

www.kinesiology.ie/training

TASK now have an Instructor in Galway – Des Richmond; and an instructor for the North East region – Caroline McGrath, dates to be announced shortly on the website, for courses starting in February and March 2011.



DIPLOMA COURSE

The 2010-2011 Diploma Course started in May, and students have just completed their TACT Workshop, held for the first time in Westport. **Here are some pics of them enjoying TACT:**



ANNUAL BREAK - Kieran and I are away for a few weeks. Phone will have less cover, but Email will be handled regularly. *Siobhán & Kieran*